

*We would like to take this opportunity to welcome you to the Athenaeum Restaurant. The award winning Athenaeum was opened in May of 1994 by the University of the Cumberlands to provide work opportunities for the students attending the university. Against the backdrop of the scenic Appalachian Mountains the Athenaeum offers traditional Southern cuisine as well as many gourmet selections. It is our hope you enjoy this carefully selected menu. Southern hospitality, great food and gracious service ensure an exceptional experience.*

*We hope you enjoy the atmosphere of casual elegance and truly wish you a memorable dining experience.*



## *Dinner*

### *Appetizers*

#### *Fried Green Tomatoes*

*Sliced, breaded in corn meal, fried, and served with ranch dressing \$6*

#### *Chips*

*House made potato chips served with assorted dipping sauces \$5*

#### *Crab Cakes*

*Two cakes served with a spicy chipotle sauce and two served with a creamy dill sauce \$10*

#### *Boursin Cheese*

*Breaded, fried, and served with Lavosh bread and a raspberry sauce \$7*

## *Salads*

### House

Mixed greens with cherry tomatoes, red onion, cucumber, sliced mushrooms, and croutons with your choice of grilled rib-eye \$10, poached salmon \$11, fried or grilled chicken \$9, sliced ham & turkey with cheese \$9

### Caesar

Croutons, parmesan cheese, and romaine lettuce tossed with Caesar dressing \$7 add grilled chicken \$9

### Fried Green Tomato

Fried green tomatoes served over mixed greens with crumbled blue cheese and crispy bacon \$10

Dressings: Ranch, Thousand Island, Catalina, Italian, Honey Dijon, Bleu Cheese, Raspberry Vinaigrette, Olive Oil Vinaigrette

## *Soup du jour*

Try one of our delicious made from scratch soups

Cup \$3 Bowl \$4

## *Sandwiches*

Served with your choice of potato and coleslaw or potato salad and a fried dill pickle

### Gourmet Burger

A thick 8oz burger seasoned with a special blend, grilled and topped with your choice of Swiss cheese and sautéed mushrooms, or crispy bacon and cheddar

\$11

### Cumberland Club

Triple decker sandwich with turkey, ham, bacon, lettuce, tomato, and mayo \$9

## *Pasta*

*Vegetarian options*

### **Sun-dried Tomato Basil Penne**

*Penne pasta with sun-dried tomatoes, roasted red peppers, scallions, garlic and basil pesto topped with parmesan cheese \$12*

### **Three Cheese Tortellini**

*Three cheese tortellini with mushrooms, onions, cherry tomatoes, and sweet peppers tossed with a creamy blush sauce and parmesan cheese \$12*

## *Entrees*

*All entrees come with your choice of soup or Salad*

### **Kentucky Hot Brown**

*Slices of ham and turkey over toast points smothered with white sauce, cheddar cheese and topped with tomatoes and bacon. Served with soup or side salad \$10*

### **Southern Fried Chicken**

*Two 4oz breasts seasoned, breaded and fried. Served with mashed potatoes and southern style green beans \$12*

### **Grilled Chicken**

*Two 4oz breasts seasoned and grilled. Served with your choice of potato and vegetable medley \$12*

### **Smothered Chicken**

*Two 4oz breast of chicken grilled and smothered with sautéed mushrooms, three cheeses, and marinara sauce. Served over rice with steamed broccoli \$14*

### **Southern Fried Catfish**

*Catfish filets marinated in buttermilk, breaded with seasoned cornmeal, and fried. Served with hushpuppies, coleslaw, and steak fries \$12*

### Grilled Salmon

Two 4oz filets of farm raised Atlantic salmon, glazed with a southern sauce and grilled. Served with choice of potato and grilled zucchini & squash \$18

### Pork Chops - Southern Style or Grilled

Two 4oz boneless cuts of pork seasoned, breaded and fried, or grilled. Served with mashed potatoes and southern style green beans \$13

### Baby Back Ribs

Ribs rubbed with a special blend of seasonings, slow baked and basted with our one of a kind barbeque sauce. Served with a choice of potato and sautéed zucchini & squash slab \$21 half slab \$16

### Rib-eye

A 12oz rib-eye steak aged, marinated, seasoned with our blend of spices, grilled, and topped with gorgonzola butter. Served with your choice of potato and steamed broccoli \$21

### Filet

An 8oz filet of beef aged, marinated, seasoned with our blend of spices, grilled, and topped with gorgonzola butter. Served with your choice of potato and steamed broccoli \$28

### Liver and Onions

Beef liver lightly dusted with flour, seasoned, pan fried and smothered with sautéed onions. Served with oven roasted new red potatoes and vegetable medley \$11

### Stir-Fry

Sugar snap peas, water chestnuts, baby corn, mushrooms, green peppers, onions, and broccoli stir-fried. Served over rice \$10  
Add chicken \$12 Add beef \$14

### Grilled Chicken Fettuccine

Two 4oz chicken breasts seasoned and grilled. Served over fettuccine noodles with a creamy alfredo sauce and finished with parmesan cheese \$12

*Be sure to ask your server about our delectable desserts!*

*A 15% gratuity may be added to tables of six or more adults.*

*Room Service Available Friday and Saturday Nights*  
*from 5pm to 8pm*  
*Dinner*

*Appetizers*

*Fried Green Tomatoes*

*Sliced, breaded in corn meal, fried, and served with ranch dressing \$7*

*Chips*

*House made potato chips served with assorted dipping sauces \$6*

*Crab Cakes*

*Two cakes served with a spicy chipotle sauce and two served with a creamy dill sauce \$11*

*Boursin Cheese*

*Breaded, fried, and served with Lavosh bread and a raspberry sauce \$8*

*Salads*

*House*

*Mixed greens with cherry tomatoes, red onion, cucumber, sliced mushrooms, and croutons with your choice of grilled rib-eye \$11, poached salmon \$12, fried or grilled chicken \$10, sliced ham & turkey with cheese \$10*

*Caesar*

*Croutons, parmesan cheese, and romaine lettuce tossed with Caesar dressing \$7 add grilled chicken \$9*

*Fried Green Tomato*

*Fried green tomatoes served over mixed greens with crumbled blue cheese and crispy bacon \$11*

*Dressings: Ranch, Thousand Island, Catalina, Italian, Honey Dijon, Bleu Cheese, Raspberry Vinaigrette, Olive Oil Vinaigrette*

*Soup du jour*

*Try one of our delicious made from scratch soups Cup \$4 Bowl \$5*

*Sandwiches*

*Served with your choice of potato and coleslaw or potato salad and a fried dill pickle*

*Gourmet Burger*

*A thick 8oz burger seasoned with a special blend, grilled and topped with your choice of Swiss cheese and sautéed mushrooms, or crispy bacon and cheddar \$12*

*Cumberland Club*

*Triple decker sandwich with turkey, ham, bacon, lettuce, tomato, and mayo \$10*

*Pasta*

*Vegetarian options*

*Three Cheese Tortellini*

*Three cheese tortellini with mushrooms, onions, cherry tomatoes, and sweet peppers tossed with a creamy blush sauce and parmesan cheese \$13*

## *Entrees*

*All entrees come with your choice of soup or Salad*

### **Kentucky Hot Brown**

*Slices of ham and turkey over toast points smothered with white sauce, cheddar cheese and topped with tomatoes and bacon. Served with soup or side salad \$11*

### **Southern Fried Chicken**

*Two 4oz breasts seasoned, breaded and fried. Served with mashed potatoes and southern style green beans \$13*

### **Southern Fried Catfish**

*Catfish filets marinated in buttermilk, breaded with seasoned cornmeal, and fried. Served with hushpuppies, coleslaw, and steak fries \$13*

### **Grilled Salmon**

*Two 4oz filets of farm raised Atlantic salmon, glazed with a southern sauce and grilled. Served with choice of potato and grilled zucchini & squash \$19*

### **Pork Chops - Southern Style or Grilled**

*Two 4oz boneless cuts of pork seasoned, breaded and fried, or grilled. Served with mashed potatoes and southern style green beans \$14*

### **Baby Back Ribs**

*Ribs rubbed with a special blend of seasonings, slow baked and basted with our one of a kind barbeque sauce. Served with a choice of potato and sautéed zucchini & squash slab \$22 half slab \$17*

### **Rib-eye**

*A 12oz rib-eye steak aged, marinated, seasoned with our blend of spices, grilled, and topped with gorgonzola butter. Served with your choice of potato and steamed broccoli \$22*

### **Filet**

*An 8oz filet of beef aged, marinated, seasoned with our blend of spices, grilled, and topped with gorgonzola butter. Served with your choice of potato and steamed broccoli \$29*

### **Stir-Fry**

*Sugar snap peas, water chestnuts, baby corn, mushrooms, green peppers, onions, and broccoli stir-fried.  
Served over rice \$10  
Add chicken \$13 Add beef \$15*

### **Grilled Chicken Fettuccine**

*Two 4oz chicken breasts seasoned and grilled. Served over fettuccine noodles with a creamy alfredo sauce and finished with parmesan cheese \$13*

*Be sure to ask your server about our delectable desserts!*

*A 15% gratuity may be added to tables of six or more adults.*



# *Dinner*

## *Appetizers*

### *Fried Green Tomatoes*

*Sliced, breaded in corn meal, fried, and served with ranch dressing \$6*

### *Chips*

*House made potato chips served with assorted dipping sauces \$5*

### *Boursin Cheese*

*Breaded, fried, and served with Lavosh bread and a raspberry sauce \$7*

## *Salads*

### *House*

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### *Caesar*

*Croutons, parmesan cheese, and romaine lettuce tossed with Caesar dressing \$7 add grilled chicken \$9*

### *Fried Green Tomato*

*Fried green tomatoes served over mixed greens with crumbled blue cheese and crispy bacon \$10*

*Dressings:* *Ranch, Thousand Island, Catalina, Italian, Honey Dijon, Bleu Cheese, Raspberry Vinaigrette, Olive Oil Vinaigrette*

## *Soup du jour*

*Try one of our delicious made from scratch soups*

*Cup \$3 Bowl \$4*

## ***Entrees***

*All entrees come with your choice of soup or Salad*

### **Kentucky Hot Brown**

*Slices of ham and turkey over toast points smothered with white sauce, cheddar cheese and topped with tomatoes and bacon. Served with soup or side salad \$10*

### **Grilled Chicken**

*Two 4oz breasts seasoned and grilled. Served with your choice of potato and vegetable medley \$12*

### **Smothered Chicken**

*Two 4oz breast of chicken grilled and smothered with sautéed mushrooms, three cheeses, and marinara sauce. Served over rice with steamed broccoli \$14*

### **Southern Fried Catfish**

*Catfish filets marinated in buttermilk, breaded with seasoned cornmeal, and fried. Served with hushpuppies, coleslaw, and steak fries \$12*

### **Rib-eye**

*A 12oz rib-eye steak aged, marinated, seasoned with our blend of spices, grilled, and topped with gorgonzola butter. Served with your choice of potato and steamed broccoli \$21*

### **Liver and Onions**

*Beef liver lightly dusted with flour, seasoned, pan fried and smothered with sautéed onions. Served with oven roasted new red potatoes and vegetable medley \$11*

### **Grilled Chicken Fettuccine**

*Two 4oz chicken breasts seasoned and grilled. Served over fettuccine noodles with a creamy alfredo sauce and finished with parmesan cheese \$12*

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